

Focus on yourself

Consider this: “Reputation is for time; character is for eternity.” — *J. B. Gough*

College is a time when you are enjoying your independence, exploring your passions and finding your true calling. But during that time, it’s also very easy to get caught up on the wrong path and acting as a follower instead of taking the lead.

It’s possible to make college a time for discovery while still being true to yourself.

Here are a few suggestions to make the transition a smooth one:

Keep in touch with old friends

Many say you are the company you keep. Well, there’s something to be said about your old high school friends. They were your friends for a reason —why stop working on that friendship now? Sure there may be distance between you and even new friends you’ll need to introduce to your home crew, but keeping in touch with your old friends will keep you in touch with the old you.

FRIENDS ADDRESSES:

Try new things

Although we keep talking about how you need to stay true to yourself, college is also a time to try out new adventures. Join new organizations, maybe try an intramural sport or even consider taking a class that’s a bit outside your comfort zone. These new experiences will help you find out even more about the real you.

POSSIBLE OPPORTUNITIES:

Set priorities

College should be a fun time in your life — but don’t forget why you are there. Set priorities for yourself in terms of study time, grades, calls home and even hours of sleep. Although there will be a lot to get involved in, you need to make sure you are taking care of yourself and doing your best when it comes to your school-work.

TOP 3 PRIORITIES:

Have fun

Lastly, enjoy every minute of this new chapter. Some days will be fun, while others may bring personal conflict and new challenges you haven’t faced before. However, remember to keep in touch with the real you and you’ll make the right choice!

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